



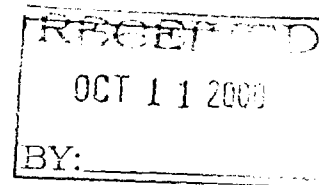
Novartis Consumer Health, Inc.
560 Morris Avenue
Summit, NJ 07901-1312

Main Number: 908-598-7600
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October 4, 2000

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, S.W. (HFS-450)
Washington, D.C. 20204



72819

Re: Section 403(r)(6) Notification

Dear Sir or Madam,

In accordance with the requirement of Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act, Novartis Consumer Health, Inc. notifies the Food and Drug Administration that it has, within the past thirty (30) days, begun using the following phrase and statement:

Stress Management – Helps Soothe Tension From Overwork And Fatigue And Supports A Positive Outlook

For Whom? People wanting to improve their mood and enhance their ability to manage stress.

To Do What? Supports a positive outlook by helping you relax and cope with stress.
Standardized

St. John's Wort Extract: An herb that helps support a positive sense of well-being and mood improvement.

Standardized Valerian Extract: An herb traditionally used to calm and relax.

B Vitamins (Thiamin, Vitamins B6 and B12): B vitamins that help your body cope with stress and regulate mood.

on the following product:

Resource® Wellness StayCalm

The statements of nutritional support are based on scientific literature which render the statements substantiated, truthful and non-misleading. The information submitted herein is a complete and accurate representation of the product named.

Sincerely,
Novartis Consumer Health, Inc.

Vincent DeStefano

Vincent De Stefano
Associate Director, Regulatory Affairs

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